



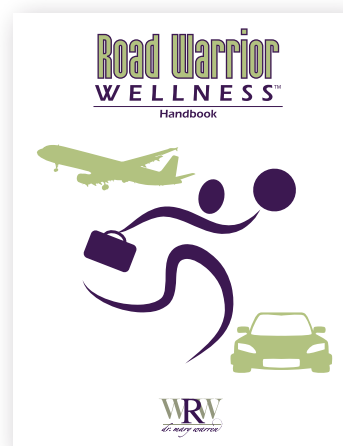
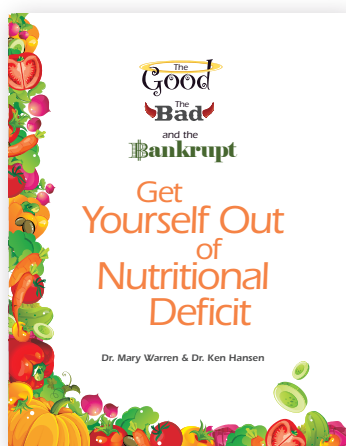
Road Warrior Wellness™

Do you travel for work? Do you commonly feel tired and rung out? Would you like to look and feel better? Then, this information is for you! You'll learn ways to improve your digestion, sleep like a baby and age more slowly. You'll be more energetic, more productive and ready to have fun again.

- Learn ways to make easy, healthier choices when eating out or on the run.
- Walk away with simple steps you can take to feel better quickly.
- Improve your sleep patterns and start feeling brighter tomorrow.

Dr. Mary's Bio:

Dr. Mary Warren, owner of Road Warrior Wellness™ and Vital Force Wellness has been practicing, researching and speaking in the field of Wholistic health care for 25 years. She specializes in an area of increasing importance: nutrition and the basics of how we shop, cook and eat and the cumulative effects on our health. She has authored *Road Warrior Wellness Handbooks; The Good, The Bad and The Bankrupt, Get Yourself Out of Nutritional Deficit*. Dr. Warren is a professional member of the National Speakers Association and has achieved the Distinguished Toastmaster designation. Based in Dallas, Texas she obtained her Doctorate of Chiropractic at Parker University in January of 2000 and is licensed in both the United States and Canada.



Schedule your next speaking event!

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