

Road Warrior Wellness™ Get on the Road to Health!

Dr. Mary Warren, owner of Road Warrior Wellness™ and Vital Force Wellness has been practicing, studying and researching in the field of Wholistic health care for 25 years. She works with businesses and associations that want to be healthier, increase productivity and improve employee retention while reducing health care costs, work-related injuries and sick time. She authored Road Warrior Wellness™ Handbooks, The Good, The Bad and The Bankrupt, Get Yourself Out of Nutritional Deficit and shares her enthusiasm about wellness and good health through speaking engagements, workshops, consulting and writing internationally. Dr. Warren is a professional member of the National Speakers Association and has achieved the Distinguished Toastmaster designation. Based in Dallas, Texas she obtained her Doctorate of Chiropractic at Parker University in January of 2000 and is licensed in both the United States and Canada.

